



**My Friends**

A Pediatric Day Healthcare Center

# Newsletter

Orangevale, FALL 2024

## Looking back...

This summer was full of fun and sunshine! The days were filled with summer themed activities, and outside play, where the kids got to enjoy our new playground!



We had weekly field trips to the library and water play days.



We even had a visit from the fire department and they gave us a tour of a fire truck!



Let's not forget the yummy ice cream parties!

## Reminder to parents

\*Please provide your kids with extra clothes/diapers/wipes to keep at the center.

\*Please email updated IEPs to the center Director.



## Mark your calendar

\*Halloween party 10/20, 4:30pm-6:30pm!

\*Music therapy every month.

Autumn shows us how beautiful it is to let things go.



## Meet Amaira and Anaira!

Introducing Amaira and Anaira! You guessed it...twins! These sweet girls are quite a pair, each lighting up our days with their unique personalities. :) Amaira is fearless, wild and free. She loves to explore her surroundings and is a SUPER fan of Bingo and Bluey. Her favorite game is peekaboo. Anaira, on the other hand, carries herself



with a bit more caution. She is sweet and slow to warm up but a cuddle bug once you've won her over! She loves to play kickball and watch Finding Nemo. Both Amaira and Anaira love to play with their two older siblings at home. They also enjoy weekly trips to the farmers market and library with mom

and dad! Speaking of library...their favorite thing to do at the center is run wild at the local library during our weekly field trips!



## Meet Emily G.



To know Emily Green is to love her! She is truly a delight and we are so lucky to have her as a member of the team! Emily has been with My Friends for two years. A big kid at heart, you will always find her playing with the kids between her nursing duties. She enjoys watching our kiddos grow and loves being a part of our My Friends adventures out and about in the community. Emily is currently working on obtaining her RN, BSN.

Keep up the great work, Emily! Feel free to cheer her on when you see her next. When she isn't at the center knee deep in play with the kids, she enjoys hiking, attending country concerts and spending time with family. She is also a Disney fanatic! If you are ever looking for a Disneyland guide and a partner to close the park down with, she is your girl! She may even let you borrow a pair of ears.



## What's happening...

We are so excited for fall! With Halloween and Thanksgiving, this season is going to be full of Fall themed activities.

Our Halloween party will be the evening of 10/20 from 4:30pm-6:30pm (trunk-or-treat, haunted house, games, and more). Our Halloween party will be at the center, where we will be dressed up in costumes, trick-or-treating, and enjoying yummy treats!

We will be going on a field trip to the pumpkin patch, zoo, the fish hatchery, and Fairytale Town. For Thanksgiving, we will be making and eating traditional Thanksgiving food. We are looking forward to a fun and festive season!