



Looking back

Fall Fun at My Friends! We've had a wonderful Fall and Winter here at My Friends! From Halloween to Thanksgiving and the winter holidays; the seasons were filled with joy and creativity.

Halloween Highlights:

Our Halloween party was a huge hit! It was such a joy to see all the clients and families in their amazing costumes. There were some truly creative costumes this year, including an inflatable SpongeBob costume that was a crowd favorite! On Halloween Day, the staff greeted the children at the door, where they lined up and got to "trick or treat" throughout the center, knocking on doors and collecting treats. It was such a fun and festive way to celebrate the holiday!



Thanksgiving Fun:

For Thanksgiving, the kids got crafty with plenty of Fall-themed activities. From making handprint turkeys to decorating leaves and creating turkey headbands, the center was full of adorable little turkeys running around and playing. It was heartwarming to see their creativity shine through in each project!

Holiday Cheer:

As the holiday season approached, we kicked off our Holiday Spirit Week where we decorated cookies, did a lot of baking, and dove into fun holiday crafts. We also read Christmas books and made festive crafts that filled the center with cheer. This year, we also took time to learn about Hanukkah, incorporating books and circle time songs to celebrate the holiday with our little ones.

Throughout it all, we continued to enjoy our favorite activities like bubble play, sand and playdough fun, music & movement—all with a little extra holiday cheer and excitement. It's been a truly festive season, and we are so grateful for all the fun memories we've made together.



Reminder to parents

Please provide kids with extra clothes and diaper changing materials (diapers, wipes, creams, etc.) so we can keep the kiddos as clean and comfortable at the center as possible.

Mark your calendar

Every 1st and 3rd Friday of the month are late night/sleepover nights! Our Activity Leader is staying late and will be doing activities with the kids. So far, we've had a spa night, table top game night, video game night, and pottery painting. If interested, please ask the Director or Charge Nurse for more details!

*Center closed on June 22, 2025 for Company Picnic



What's happening at My Friends

Spring & Summer Fun at My Friends! As the weather warms up, we're excited to embrace the season with lots of outdoor activities that promote movement, fun, and fresh air! For us, spring is all about *springing into healthy habits*, and we've got some exciting plans lined up. **Spring Adventures:** Spring is the perfect time for nature walks and exploration. We'll be taking the kids on many flower walks, where they'll have the chance to spot colorful blooms, listen to the sounds of nature, and even pick some flowers along the way. We'll also be heading to the park for some fun outdoor play—an opportunity for the children to get moving, sightsee in their community, and meet new friends. Spring is also the perfect time to forage and explore, sparking the children's curiosity and helping them connect with the world around them. **Summer Sunshine:** When summer arrives, we're ready for some fun in the sun! We're planning plenty of water play days to help keep everyone cool and engaged. Water activities are not only great sensory play, but they also provide a refreshing way to beat the heat. And let's not forget our popular Summer Olympics at My Friends—this year, we're bringing back sports games, relays, and friendly competition to encourage teamwork, collaboration, and fun! In addition to the games and outdoor fun, we've got some delicious summer treats lined up to keep everyone cool and refreshed. Also, look forward to cotton candy, snow cones, and frozen fruit bowls that will add a sweet touch to our summer days. We're so excited to make the most of the spring and summer seasons with all these fun activities, and we can't wait to see the kids enjoying everything outdoors has to offer!



Meet Maysa



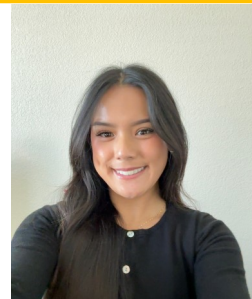
Maysa is a bundle of joy with a vibrant personality! Her favorite songs include *Wheels on the Bus*, *Baby* by Justin Bieber, and *Bye Bye Bye* by *NSYNC. She loves playing peek-a-boo and can often be found going down the slide or enjoying the seesaw during outdoor playtime.

At the center, Maysa's favorite activities include eating healthy snacks, napping, and, of course, dancing and singing during circle time. She's a true team player, always grabbing the hands of her friends and encouraging them to join her in dancing or forming a circle. When it comes to food, Maysa is a fan of olives, eggs, and a variety of fruits and veggies. Her lunchbox is always a rainbow of colors, just like her cheerful and colorful personality!

Maysa's kindness shines through as she greets her friends by name and is always saying "Hi" to others. You'll often find her talking to herself and playing in her own little world, spreading happiness wherever she goes.

Meet Sam

We're excited to introduce Sam, our newest RN at My Friends! Sam has always had a passion for working with children, and she believes they make every day at work enjoyable—whether it's through playing games, coloring, or letting their imaginations run wild. She finds working with medically fragile children to be especially rewarding, as they teach her invaluable lessons in patience, resilience, and the importance of knowing that sometimes, it's all about finding the right time to play.



Sam loves being part of the "most welcoming and friendly staff" and cherishes the opportunity to connect with each child, getting to know their unique personalities more and more every day. She believes that every child brings something special, and it's their individuality that makes working at My Friends so fulfilling.

When Sam isn't at My Friends, she enjoys exploring new cafes in search of the perfect Matcha or discovering the latest Boba spots. She's also a big fan of the beach and loves relaxing under the sun.