

#### Looking back

As we reflect on this winter season, we are filled with gratitude for the memories we've shared with your children at My Friends Pediatric Health Center.



Here's a quick look at our exciting events: October- Trunk or Treat & Haunted House. We kicked off

thrilling haunted house. The kids had a blast with costumes, candy, and fun surprises!

Thanksgiving Celebrations The children en-

Novemberjoyed Thanks-

giving themed arts and crafts and a heartwarming home-cooked meal together. It was a time of gratitude and

togetherness.



**December-** Santa & Spirit Week. Santa visited for pictures, and the kids enjoyed a festive gift exchange, cookies, and a fun Spirit Week to spread holiday cheer.



# Reminder to parents

- \*Send diapers, wipes and formula.
- \*Please be sure to log into CUBHUB daily for pertinent information.
- \*Communicate with the Director if you have donations.

### Mark your calendar

\*Music Therapy once a month

\*Easter Egg Hunt - April 18, 2025

\*Center Closed June 22, 2025 - Company Picnic



## What's happening at My Friends

Spring and summer are just around the corner, and we have so many exciting events and activities planned for the kids!

Get ready for some fun water play, where the children will cool off and splash around in the sun.

We'll also be heading to the zoo to see all the amazing animals and visiting the splash pad park for some outdoor water fun.

Our monthly music therapy sessions will continue, where the children can enjoy singing, dancing, and playing instruments to explore the joys of music.

Of course, we'll be spending plenty of time playin<mark>g on the play</mark>ground, climbing, sliding, and running around with friends. It's going to be a season full of adventure and smiles!



#### Meet Abelina

This month, we'd like to introduce Abelina, a bright and adventurous little girl who brings so much joy to our daycare! Abelina loves playing doctor with her favorite toy stetho-

scope, alhelp others her caring big fan of tures and the zoo to mals and aquariums fish swim. special love bubblessinging her or chasing around,



ways ready to feel better with nature. She's a outdoor advenenjoys visiting see all the aniexploring to watch the Abelina has a for music and whether she's favorite songs bubbles she's always

having fun. At home, she has two playful dogs, Memo and Chapo, who are her best buddies. Abelina's cheerful spirit and imagination make her a wonderful friend to all!

### Meet Destiny

Meet Destiny Wilson, RN, and Wonder Woman Mom to three! She is as patient as they come and a true gift to us all! Destiny has been with My Friends for three years. Her passion and desire to



work with children runs deep, dating back to her youth.

Destiny enjoys exploring the personalities of our kiddos, learning various ways to communicate with them, and watching them grow! When Destiny isn't at the center, she enjoys spending time with her family, exploring the simple things in life through the eyes of her children, and cracking open a good book! She is a big Harry Potter fan and Disney connoisseur. Keep your eyes peeled... you might catch her on your next trip to Disneyland!