



My Friends
A Pediatric Day Healthcare Center

PUMPKINS

Newsletter

San Jose, FALL 2024

Looking back...

As we look back on the past few months, we're excited to share the vibrant and enriching experiences that filled our summer here at My Friends. June was a whirlwind of fun and exploration as we engaged in delightful water play, celebrated Animal Days with

exciting activities, and spent ample time outdoors soaking up the sunshine. Our little artists thrived with daily summer-themed crafts, creating beautiful and imaginative projects that added a splash of color to



our days. In July, the energy was palpable as we hosted our very own Mini Olympic Summer Games. The children had a blast participating in balloon volleyball, racing in red light-green light challenges, and enjoying musical chairs. These activities not only fostered teamwork and physical activity but also brought smiles and laughter all around. August saw us embarking on a new adventure as we started our own tomato garden. The children eagerly planted seeds and have been tending to the garden with



great care. We're looking forward to harvesting our tomatoes in the fall, and it's been wonderful to see the kids take such pride in their gardening efforts. Thank you for your continued support and for entrusting us with your children's summer ad-

ventures. We've had a fantastic time and are excited for the new experiences that the upcoming season will bring.



Reminder to parents

We're looking forward to creating lasting memories with your children this holiday season. We'll be capturing moments from our various activities and will share photos and highlights with you. It's a wonderful way to see the joy and excitement your children are experiencing. Stay tuned for updates and enjoy the festivities! Also, a reminder to parents to please provide kids with extra clothes and diaper changing materials (diapers, wipes, creams, etc.) so we can keep the kiddos as clean and comfortable at the center as possible



Mark your calendar

With our annual Halloween party coming up soon, keep a look out for invitations from the center in October. Additionally, keep a eye out for our monthly spirit weeks as we want our kids to have plenty of opportunities to express their creativity.

Autumn shows us how
beautiful it is to let things go.

Meet Edison



We feel incredibly fortunate to have Edison at the center, as he truly brings a bright and uplifting spirit to our community. Every day, he arrives with a cheerful smile, enthusiastically waving and greeting everyone he sees. His playful nature and warm-hearted demeanor make him a beloved friend to all the kids here.

Edison is especially attentive and empathetic towards his peers. He is

always the first to notice when someone is feeling down, and he quickly checks in on them with genuine empathy and care. His favorite games to play with other kids include classic favorites like hide and seek and tag, where he brings boundless energy and joy.

In addition to these games, Edison enjoys engaging in imaginative play with wands, expressing his creativity through painting, and having fun with kinetic sand. When it comes to entertainment, he is a big fan of shows like Blippi and Spiderman. His favorite food to eat at the center is mac and cheese. Overall, Edison's presence enriches the center, making My Friends a happier place for all staff and clients.



Meet Abigail

Abigail worked for a year and a half as an Activity Leader two years ago and now has returned, working as a nurse for the past three months. When she was studying psychology as an undergrad, Abigail originally wanted to be a child psychologist so she could help children whose voices and feelings need-



ed to be heard. When her cousin introduced her to My Friends, she thought this would be the best way to use her previous degree, while building up skills and experience for nursing school. She thanks the children and co-workers at My Friends for making her the wonderful nurse she is today. She loves playing with kids and seeing their growth and development every single day, believing these children have so much potential and talent to offer. She feels it's such an honor to be a part of their lives. Outside of My Friends, you can find her sleeping in, exploring coastal towns, and watching every new Netflix show. Abigail wants to give a shout out to all her co-workers and everyone working at My Friends. She says, "No day goes unnoticed! I see everyone working together to make sure that these children have the best day. I have never met people as kind, fun, caring, and humble than those at My Friends." We love having Abigail with us!

What's happening...

As the holiday season approaches, we are thrilled to announce a variety of exciting activities and events planned for the coming months. To kick off our celebrations, we will be hosting a Fall Party where the children will have the chance to bake and decorate cookies. October will be packed with spirited activities, such as a Costume Contest, a Trunk or Treat event, and our much-anticipated Annual Family Halloween Party. As we move into November, we will focus on the flavors of fall with plenty of baking activities. The children will have the opportunity to work with pumpkins and apples, creating delicious seasonal treats. December will be a month of holiday cheer. We are planning a Staff and Client Ornament Exchange, a festive Spirit Week, and we are hoping to arrange special visits from Santa Claus himself! These events will surely bring joy and magic to the holiday season.