



My Friends News

Stockton

QUARTERLY NEWSLETTER
SPRING 2016

We hope you had a splendid holiday/winter season! Here is a little recap of what was going on at our center the last few months.

In December we had so much fun playing games and meeting Santa. We celebrated the month with weekly themes like The Grinch Who Stole Christmas, Cocoa and Cookies and of course, Frozen. The kids enjoyed singing Christmas carols while making Christmas cookies and cocoa and creating fun winter crafts.

In January, we brought in the New Year with a bang! The kids enjoyed experiments like making fireworks in a jar, celebration playdough, and delicious breadstick dippers for snack. We explored our five senses and enjoyed smelling, tasting, touching, seeing and hearing what the New Year has to offer.

In February, the children spread the love by making Valentine's Day cards for children in the hospitals and seniors in senior homes, made Valentine's Day goody bags, heart shaped brownies and cards for one another. We exercised our gross motor skills by dancing the mornings and afternoons away with their all-time favorite song the "Cupid Shuffle." We wound down this month with outdoor play and heart shaped animal crafts.

Winter was tons of fun and we can't wait to see what the upcoming months have to offer! Here is a sneak peek...

In March, we will be on the lookout for leprechauns and going on adventurous treasure hunts in search of four leaf clovers and gold. In April, we will eagerly await the Easter bunny and search for Easter eggs throughout the center and in our backyard. In May, we gear up for summer by starting water play and planning some fun filled trips for summer time. We will be dipping into our five senses with ocean sensory bins, under the sea animals, scavenger hunts, and exciting experiments.

Please let us know if your child has a particular interest such as certain music, movie, books, or games. This will aid us in successfully promoting your child's development. Also, since we will be spending more time outdoors, please send any sunscreen your child will need.

"When I see you through my eyes, I think that we are different. When I see you through my heart, I know we are the same." - Doe Zantamata

hello
spring!

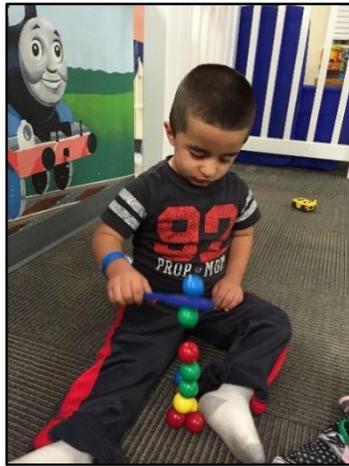


Special notes to our parents:

- Please remember to send diapers, wipes and formula promptly upon request.
- Please remember any items or clothing sent with your child should be labeled with your child's name or initials.
- If your child uses a GT and /or nebulizer, please remember to send at least 1 GT syringe & extension set and 1 nebulizer treatment set on a monthly basis.

SAVE THE DATE!

Music Therapy - TBA



Our friends at My Friends!

Meet Kira...

Kira is a vivacious 6 year old. She joined us here at My Friends in 2012. Kira delights in quality one on one time with staff members. Kira is friendly and confident and always ready for activities. Kira is very sensory oriented, she always enjoys feeling new textures and items. Two of Kira's favorite foods are chocolate milk and pudding! We enjoy each day with Kira here at My Friends!



Meet Brittni...

Brittni has been with us for one month as our Housekeeper and always arrives with a smile ready for anything the day brings. Brittni was born and raised here in Stockton, California and she is the mother of a beautiful three year old daughter. Brittni is an avid movie fanatic and enjoys spending mommy/daughter time with her little one! Brittni plans to go into the medical field to become either a nurse or surgical technician. She has always enjoyed children and especially likes working with our medically fragile kids. Brittni says the best part of working here at My Friends Stockton is watching the children advance in their development. Brittni also says she is already bonding with the children and enjoys interacting with each one. We are delighted to have Brittni on board our My Friends Stockton train!



ACTIVITY CORNER: TRY THIS AT HOME!

Homemade Playdough

Supplies Needed: 1 cup flour, 1/3 cup salt, 2 tablespoons cream of tartar, 1 tablespoon vegetable oil, 1 cup water & food coloring or glitter of choice

Instructions: Combine the flour, salt, cream of tartar, vegetable oil, and liquid in saucepan. Stir over medium heat to the point where it starts to thicken. Once it's a fairly stiff ball, put it on the sheet of wax paper or safe surface. When cool, knead dough until its smooth and mix in any desired color or glitter. ☺

